

Contact

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Top Skills

Emotional Intelligence
Coaching
Executive Coaching

Cecile Wiltshire

Uncovering individual and collective brilliance!
City of Johannesburg

Summary

Cecile refers to herself as an 'Energy Alchemist'. She utilises the Coaching and Training platforms to assist people to uncover their individual and collective brilliance to achieve compelling results, through positive energy.

She custom designs learning, training and coaching interventions based on the outcomes required. To avoid the “training trap” where training and development interventions are viewed as events, which are enjoyed, but there is no significant transfer of skills to the work environment, Cecile suggests the incorporation of workplace projects. These projects allow participants to share their insights, behavioural changes and results obtained from implementing the knowledge gained into the workplace to ensure optimal skills transfer, continuous growth and significant Return On Investment (ROI).

Cecile believes in the power of coaching and it is therefore important for people to find their own answers or solutions to issues and projects during interventions. Her work involves “holistic learning”, that is, it attempts to involve the whole person and all the senses in the learning process. She is committed to ethical behaviour and mutual respect for individuals, opinions and different cultures.

Cecile has delivered training and coaching interventions across a variety of companies and industries including Santam, Premier Foods, Centriq, Rand Merchant Bank, ABSA, Röhlrig-Grindrod Logistics, Kapele Freight & Logistics, Monsato, The Consultant Powerhouse and Lesoba Difference to mention a few. Learning interventions include: Leadership Development, Relationships Management, Service Excellence, Time Management, Presentation skills, Strategic Marketing and Sales Skills as well as Personal Mastery.

Specialties: Leadership and team intervention design and facilitation;
All levels of Coaching (Executive, Team and Business);
Strategic Marketing and Sales;
Personal development with specific reference to soft skills and personal mastery.

Experience

iOpener Institute for People and Performance
Accredited Practitioner in The Science of Happiness at Work
April 2011 - Present (10 years 10 months)

Pollen, Compelling Interactions
Director
October 2010 - Present (11 years 4 months)

The Dealmaker Programme Company Limited
Strategic Alliance
September 2010 - Present (11 years 5 months)

Results Workplace Coaching
Facilitator
2009 - Present (13 years)

ICF Gauteng Chapter
Founder Member
2008 - Present (14 years)

TracerCQM
Strategic Alliance
April 2006 - Present (15 years 10 months)

Trilliant cc
Director
January 2004 - Present (18 years 1 month)

The Consultant Powerhouse
Strategic Alliance
2004 - Present (18 years)

The Rewards Company
Head of Marketing
2000 - 2003 (3 years)

Education

University of Johannesburg
Honours, Advertising · (1988 - 1991)