#### Contact

www.linkedin.com/in/karen-hodges (LinkedIn)

## Top Skills

Social Networking

Management Consulting

Social Media

#### Certifications

**NLP** 

CREATIVITY: MUSIC TO MY EARS

HIV/AIDS CARE AND COUNSELING

### **Publications**

Taking you Beyond

## Karen Hodges

Global Speaker, Human Potential Developer, Leadership Coach, Creativity Specialist, Brainprofiler

City of Cape Town

## Summary

In a nutshell, I am a:
Whole-brain master trainer
Creativity specialist
Facilitator
Motivational speaker
Career guidance practitioner
Author

The essence and focus of my vision is guiding people to discover their own potential and helping them to define and achieve their goals. The development of people of all ages and in all environments is my passion.

As registered NBI whole-brain practitioner and master trainer I lead companies to goal achievement, better communication and understanding. Developing material and teaching educators to effectively cater for the diversity of learning styles in their classrooms in order to produce future role players and economic participants is an exciting role I get to play.

My practice as career guidance counsellor strives to ensure the perfect fit between thinking preference, subject choice and career opportunities for students and adults.

As Facilitator without Borders it is our motto to "Bring people to solutions not solutions to people" and I am encouraged by the solutions that have been reached by those I have had the privilege to guide along the path of discovery.

## Experience

GO LIMITLESS DIRECTOR

#### February 2016 - Present (6 years)

Cape Town Area, South Africa

Facilitators Without Borders Facilitator 2012 - Present (10 years)

The world

As facilitator I have had the pleasure of seeing people and organisations move across from limited thinking to an attitude of possibility. I have had the pleasure of facilitating for EMRO WHO's Council on Health Research for Development Research prior and during to their FORUM 2012 - Beyond Aid held in Cape Town South Africa. I was further involved as sole facilitator with COHRED in Bellagio Italy, sponsored by the Rockefeller Foundation on the topic of "Health as a driver of equity and development in the context of political and social change in the Arab world". It proved a success and the outcomes achieved.

KOBUS NEETHLING GROUP WHOLE-BRAIN MASTER TRAINER January 2003 - Present (19 years 1 month) SOUTH AFRICA AND THE WORLD

As whole-brain practitioner and master trainer I develop material and train in the corporate and education fields. As part of a dynamic forward thinking company we inspire and aid people and companies to grow into that which they never dreamed possible.

# KAREN HODGES CAREER GUIDANCE BRAINPROFILER

January 2000 - Present (22 years 1 month)

CAPE TOWN SOUTH AFRICA

I use the NBI thinking preference indicator as tool to analyse thinking preference and make recommendations on subject choice to ensure the perfect fit between thinking preference, subject choice and career opportunities in the future. Adults wanting to make a change or needing guidance on the way forward are also guided in the right direction. This enables candidates to have a fulfilling career path where they are functioning in their preference quadrant most of the time – this results in lower stress and higher competency and ultimately a sense of achievement.

## Education

University of South Africa/Universiteit van Suid-Afrika Honours: Applied Psychology in the Professional Contexts, Industrial and Organizational Psychology · (2008 - 2011)